

Help support girls in our schools through the Free 2 Learn program.

How to pack a kit:

1. Order online by clicking the Amazon Wish List at www.free2teach.org/free2learn or scanning the QR code.
2. Once the supplies arrive, sort the underwear by size.
3. Pack the kits. Each kit contains 2 pads, 2 liners, 2 wipes and 1 pair of underwear.
4. Make a note of the size of the underwear and label the outside of the pack "S", "M" or "L" with a sharpie.
5. Pull the drawstring bag closed.
6. Organize the each kit by size either in boxes or ziplock bags.
7. Let us know when you'll drop your kits off: info@free2teach.org.

These kits were created in collaboration with teachers and school nurses. No matter where you live we encourage you to build these kits to support girls. You can donate them to schools or community organizations. Thanks!



Each Free 2 Learn Feminine Hygiene Kit contains:

- 2 pads
- 2 liners
- 2 wipe packages
- 1 pair of underwear (sized)
- all contained in a discreet drawstring bag



scan to
purchase
items from
Amazon!

To help us purchase these kits, make a gift at www.free2teach.org/donate.

The Free 2 Learn Program provides feminine hygiene kits to teachers who shop at our free store each month so that they can disburse discreetly, in class, to support girls in our schools.



At Free 2 Teach, we invest in teachers so that they can equip and inspire every child in their classroom.